

Primary Services



Quad City & Clinton
Occupational
Health

PrePlacement Services

- Pre-employment Physicals
- DOT Physicals
- Respirator Physicals
- Medical Surveillance Physicals/Blood Work – Asbestos, Silica, Lead/ZPP, Chromium, Ethylene Oxide (EO), and others
- Functional Screening
- Qualitative Fit Testing
- Pulmonary Function Testing
- Audiograms

Injury Care

- Primary Injury Care; (Musculoskeletal, Foreign Body in Eye, Chemical exposures, Sutures, and More, as Needed)
- Physical & Occupational Therapy Services
- Functional Capacity Evaluations
- Specialist Referrals
- X-ray services

Urine Drug Screen /eScreen services: Post Job Offer, Randoms, Post-Accident & Reasonable Suspicion:

- NIDA(DOT) , Non-NIDA(NONDOT), eCup Rapid
- On-Site & After Hours Testing
- Management/Compliance of Random Pools
- Breath Alcohol Testing

Wellness/Preventive Services

- Vaccinations: TB, TDAP, Hepatitis A & B, Influenza and others with prior arrangements
- Proactive Wellness Programs
- Biometric Screening
- Environmental Health and Safety

Medical Advisory Services

- Physician Review
- Medical Directorship
- Medical Review Officer (MRO) Services
- Job Analysis and Job Coaching
- Education and Training

Workers' Compensation/Specialty Examinations

- Independent Medical Exams
- Impairment Ratings (MMI)
- Fitness for Duty Evaluations
- Return to Work Exams
- Assumption of Care(Comprehensive Consult)

On-Site Services

- On-Site Occupational Health Providers (MD, NP, PA, RN, MA)
- Reasonable Suspicion Training (Annual and Recertification)
- Flu Immunization and other vaccine Clinics
- Consulting and Education
- Surveillance Testing/Physicals
Respirator Physicals, Pulmonary Function Testing, Audiograms
Drug Screen/Breath Alcohol
- Other Services, as Requested



Quad City & Clinton
Occupational
Health



SERVING
Eastern Iowa
& Western
Illinois

**Quad City
Occupational Health**
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Occupational Health**
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Camilla Frederick, MD, MPH, MROCC, CIME. CAOHC
Delos Carrier, MD, MSPH, FACOEM, AAMRO, CIME
Brian Glasz MS, PA-C

A division of Braaten Health LLC

BraatenHealth.com
occhealth.biz

Mission Statement

Our Mission is complete and compassionate patient care. We accomplish this by providing measurable, best-in-class services at competitive rates.

The medical team at Quad City & Clinton Occupational Health look forward to working with you to help maintain and promote the health of your workforce for a productive future.

Our Strategy

Quad City and Clinton Occupational Health (QCOH/COH) provides a variety of services to employers with extensive expertise in occupational medicine and workers' compensation. Our comprehensive occupational health program is designed to help you maintain a healthy work force and control the costs associated with employee physicals, health screenings, workplace injuries and employee rehabilitation.

We understand each employer's needs are unique and your service requirements are specific. In response to those needs we pride ourselves in delivering exceptional services expedited quickly and accurately. Our team of occupational health specialists are trained, committed, and enthusiastic medical professionals who want to provide cost effective and proactive solutions to keep your employees fit and ready for work.

GOVERNMENT, PUBLIC AND PRIVATE EMPLOYER EXPERIENCE



Registered

U.S. federal government's System for Award Management (SAM)

NAICS Codes include: 621111, 621112, 621340, 621399, 621493, 621498, 621512, 621610, 621999

DUNS: 6045803357 EIN: 01-0704972

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Camilla Frederick, MD, MPH, MROCC, CIME, CAOHC

Dr. Frederick is board certified in Family Practice and has her Masters in Public Health in the Occupational Medicine tract. She has practiced Occupational Medicine since 1989 and has been a Medical Director since 1992. She has been the Medical Director for Quad City and Clinton Occupational Health since 2003. She is certified by the American Board of Independent Medical Examiners (ABIME). She is also a certified Supervisor for the Occupational Hearing Conservation Program.

She has additional expertise in Independent Medical Exams (IME's), Comprehensive Consults, Return to Work and Fit for Duty exams and is a member of the National Registry of Certified Medical Examiners. Dr. Frederick has worked as the on-site physician and overseen nursing staff for employers including; ADM, Deere & Co, Grain Processing, Heinz USA, Metform, and Oscar Mayer.

Graduate of:

- Medical College of Wisconsin- Masters in Public Health Program, Occupational Medicine Tract
- U of IA College of Medicine
- Buena Vista College, BS Storm Lake, IA

Professional Organizations:

- American Board of Family Practice
- American Academy of Family Practice
- Scott County Medical Society
- American College of Occupational and Environmental Medicine
- American Medical Association

Staff Memberships

- Iowa Health System and Trinity Regional Health System—IA and IL
- Genesis Health System



Delos D. Carrier, MD, MSPH, FACOEM, AAMRO, CIME

Dr. Carrier is board certified in Occupational Medicine with a Masters of Science in Public Health. He is a fellow of the American Academy of Occupational and Environmental Medicine and is also certified by the American Board of Independent Medical Examiners (ABIME). He has been practicing Occupational Medicine since 2003. He moved to Iowa and joined the team at Quad City & Clinton Occupational Health in June 2014 after being previously employed at NASA.

Dr. Carrier a member of the National Registry of Certified Medical Examiners and has occupational medicine expertise in Commercial Drivers License certification, Independent Medical Exams, Return to Work and Fit for Duty exams. He is a Medical Review Officer (MRO) for drug screening as well as a certified Medical Dive Officer (Hyperbaric Medicine). Dr. Carrier has worked as the Medical Director and overseen nursing staff for employers, including Clinton Fire Department, Eagle Window & Door, Metform, and Timken Drives.

Graduate of:

- University of Colorado, MSPH
- Uniformed Services University, Doctor of Medicine
- Michigan State University, MS
- United States Air Force Academy, BS

Professional Organizations:

- American College of Occupational and Environmental Medicine
- American Association of Medical Review Officers
- Undersea and Hyperbaric Medical Society

Staff Memberships

- Mercy Medical in Clinton
- Iowa Health System and Trinity Regional Health System-IA and IL



Brian Glasz MS, PA-C

Brian Glasz, Physician Assistant Certified, joined Quad City and Clinton Occupational Health in January 2015. Brian grew up in Omaha, Nebraska and first practiced medicine in Minnesota. He later moved to Iowa in 2002 to assist his Father with the family farm near DeWitt which Brian now maintains.

Brian is a graduate of the University of Nebraska Medical Center with a Masters Degree in Physician Assistant Studies. He is certified by the National Commission on Certification of Physician Assistants (NCCPA). Brian has a wide realm of medical experience after previously working in several areas, including Emergency Medicine, Primary Care, Cardiology, and assisting in Surgery. Brian previously practiced Occupational Health on-site at Heartland Foods in Marshall Minnesota from 1994-2002. Brian is licensed in both Iowa & Illinois and is a Certified DOT Medical Examiner. Brian also performs on-site physicals for employers, including Exelon.

Graduate of:

- University of Nebraska Medical Centers, Masters of Physician Assistant Studies
- University of Nebraska, BS

Professional Organizations:

- National Commission on Certification of Physician Assistants
- National Registry of Certified Medical Examiners