

Name: \_\_\_\_\_ Company: \_\_\_\_\_ Date: \_\_\_\_\_

### IMMUNIZATIONS

Date of last tetanus: \_\_\_\_\_

Hepatitis vaccinations:

Dates - # 1 \_\_\_\_\_  
# 2 \_\_\_\_\_  
# 3 \_\_\_\_\_

Have you had Chicken Pox? \_\_\_ Y \_\_\_ N

Last TB test: \_\_\_\_\_

**Check Appropriate response**

### EYES

Yes No

\_\_\_ \_\_\_ Do you wear glasses/contacts?

For: Reading \_\_\_\_\_

Distance \_\_\_\_\_

\_\_\_ \_\_\_ Are you color blind?

\_\_\_ \_\_\_ Do you have blurred vision?

\_\_\_ \_\_\_ Previous eye injury

\_\_\_ \_\_\_ Previous eye surgery

### EAR, NOSE and THROAT

\_\_\_ \_\_\_ Do you have nose bleeds?

\_\_\_ \_\_\_ Do you have hoarseness?

\_\_\_ \_\_\_ Previous ear surgery

\_\_\_ \_\_\_ Do you have hearing loss?

\_\_\_ \_\_\_ Do you have ear problems?

### CARDIO-PULMONARY

Have any history of the following:

\_\_\_ \_\_\_ Asthma \_\_\_ \_\_\_ Emphysema

\_\_\_ \_\_\_ Lung Surgery \_\_\_ \_\_\_ Tuberculosis (TB)

Do you:

\_\_\_ \_\_\_ Have shortness of breath or

\_\_\_ \_\_\_ Wheezing

\_\_\_ \_\_\_ Cough up blood

\_\_\_ \_\_\_ Have recurrent bronchitis

\_\_\_ \_\_\_ Smoke \_\_\_ \_\_\_ Packs per day

\_\_\_ \_\_\_ Number of years

\_\_\_ \_\_\_ Have high blood pressure

\_\_\_ \_\_\_ Have a heart murmur

\_\_\_ \_\_\_ Have chest pain/palpitations

\_\_\_ \_\_\_ Have swollen legs or ankles

\_\_\_ \_\_\_ Have fainting or dizzy spells

\_\_\_ \_\_\_ Have varicose veins

\_\_\_ \_\_\_ Have you ever had a

\_\_\_ \_\_\_ Heart attack Date: \_\_\_\_\_

\_\_\_ \_\_\_ Previous stress test/cardiac cath

\_\_\_ \_\_\_ Sleep Apnea: \_\_\_ Yes \_\_\_ No

\_\_\_ \_\_\_ Stroke

\_\_\_ \_\_\_ Difficulty with urination

\_\_\_ \_\_\_ Blood in urine

\_\_\_ \_\_\_ Bladder problems

\_\_\_ \_\_\_ Kidney- Infection \_\_\_ \_\_\_

\_\_\_ \_\_\_ Stones \_\_\_ \_\_\_

\_\_\_ \_\_\_ Injury \_\_\_ \_\_\_

\_\_\_ \_\_\_ Surgery: \_\_\_\_\_

### GASTROINTESTINAL

Yes No

Have you had any of the following:

\_\_\_ \_\_\_ Heartburn or ulcers

\_\_\_ \_\_\_ Blood in vomit

\_\_\_ \_\_\_ Black stools

\_\_\_ \_\_\_ Rectal bleeding/pain

\_\_\_ \_\_\_ Hemorrhoids

\_\_\_ \_\_\_ Difficulty swallowing

\_\_\_ \_\_\_ Hernia(s)

\_\_\_ \_\_\_ Liver problems

\_\_\_ \_\_\_ Hepatitis

\_\_\_ \_\_\_ Jaundice

\_\_\_ \_\_\_ Gallbladder problems

\_\_\_ \_\_\_ Surgery

### MUSCULOSKELETAL

Have you had any of the following:

\_\_\_ \_\_\_ Neck injury or surgery

\_\_\_ \_\_\_ Back injury or surgery

\_\_\_ \_\_\_ Shoulder injury or surgery

\_\_\_ \_\_\_ Elbow injury or surgery

\_\_\_ \_\_\_ Hand injury or surgery

\_\_\_ \_\_\_ Hand or arm numbness or pain

\_\_\_ \_\_\_ Carpal tunnel

\_\_\_ \_\_\_ Awoke from sleep by hand pain

\_\_\_ \_\_\_ Decreased grip strength

\_\_\_ \_\_\_ Tendonitis

\_\_\_ \_\_\_ Swollen joints

\_\_\_ \_\_\_ Hip injury or surgery

\_\_\_ \_\_\_ Knee injury or surgery

\_\_\_ \_\_\_ Ankle injury or surgery

\_\_\_ \_\_\_ Feet injury or surgery

\_\_\_ \_\_\_ Fractures/Broken Bones

### NEUROLOGICAL

Have you had any of the following:

\_\_\_ \_\_\_ Head injury or surgery

\_\_\_ \_\_\_ Frequent headaches

\_\_\_ \_\_\_ Seizures or convulsions

### MOOD

Have you ever had:

\_\_\_ \_\_\_ Bipolar d/o (Manic Depression)

\_\_\_ \_\_\_ Anxiety or Depression

\_\_\_ \_\_\_ Nervous breakdown

\_\_\_ \_\_\_ Post Traumatic Stress Disorder

\_\_\_ \_\_\_ Schizophrenia

\_\_\_ \_\_\_ Psychiatric hospitalizations

### ALLERGIES

Have you ever had:

Reactions to -

\_\_\_ \_\_\_ Medications \_\_\_ \_\_\_ Chemicals

\_\_\_ \_\_\_ Fruits/Nuts \_\_\_ \_\_\_ Rubber

\_\_\_ \_\_\_ Adhesives \_\_\_ \_\_\_ Plants

Any of the following-

\_\_\_ \_\_\_ Hives/Rashes \_\_\_ \_\_\_ Tearing

\_\_\_ \_\_\_ Runny nose \_\_\_ \_\_\_ Wheezing

\_\_\_ \_\_\_ Sneezing

Are you \_\_\_ Rt. Or \_\_\_ Lt. handed?

### MEDICAL PROBLEMS

Yes No

Have you ever had:

\_\_\_ \_\_\_ Anemia

\_\_\_ \_\_\_ Cancer- Type \_\_\_\_\_

\_\_\_ \_\_\_ Diabetes

\_\_\_ \_\_\_ Fatigue

\_\_\_ \_\_\_ Goiter/Thyroid problems

### CURRENT MEDS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### EXPOSURE HISTORY

Have you ever been exposed to the following in the past:

\_\_\_ Acids \_\_\_ Chromates \_\_\_ Pesticides

\_\_\_ Alkalis \_\_\_ Coal \_\_\_ Radiation

\_\_\_ Ammonia \_\_\_ Fiberglass \_\_\_ Rock dust

\_\_\_ Arsenic \_\_\_ Isocyanates \_\_\_ Silica

\_\_\_ Asbestos \_\_\_ Lead \_\_\_ Solvents

\_\_\_ Beryllium \_\_\_ Manganese \_\_\_ Vibration

\_\_\_ Cadmium \_\_\_ Mercury \_\_\_ Welding

\_\_\_ Chloroform \_\_\_ Nickel \_\_\_ X-rays

### WORK HISTORY

List your previous jobs. Most recent first.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand this physical examination is for job placement purposes and is not a complete physical exam. I understand that I should see my personal physician if I wish to undergo a more extensive physical to assess my complete medical status.

The information I have provided above is correct to the best of my knowledge.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

# Health History

## NURSE

HT: \_\_\_\_\_ WT: \_\_\_\_\_ BP: \_\_\_\_\_ / \_\_\_\_\_ PULSE: \_\_\_\_\_ UA DIP: SG: \_\_\_\_\_ PRO: \_\_\_\_\_ SUG: \_\_\_\_\_ BLD: \_\_\_\_\_  
 VISION: FAR WITH \_\_\_\_\_ WITHOUT \_\_\_\_\_  
 20/ \_\_\_\_\_ OD(R), 20/ \_\_\_\_\_ OS(L), 20/ \_\_\_\_\_ OU(BOTH) 20/ \_\_\_\_\_ (R), 20/ \_\_\_\_\_ (L), 20/ \_\_\_\_\_ OU(BOTH)  
 NEAR \_\_\_\_\_ OD \_\_\_\_\_ OS \_\_\_\_\_ OU \_\_\_\_\_ OD \_\_\_\_\_ OS \_\_\_\_\_ OU \_\_\_\_\_  
 GRIP R \_\_\_\_\_ L \_\_\_\_\_ COLOR R/G/Y \_\_\_\_\_ ISHIHARA \_\_\_\_\_ Peripheral Vision \_\_\_\_\_ OD \_\_\_\_\_ OS \_\_\_\_\_ OU \_\_\_\_\_  
 (Must Do) HEARING: (Whispered) AD AS AU

## PHYSICIAN

### HEENT

N	ABN	N/A	
_____	_____	_____	Head
_____	_____	_____	Ears
_____	_____	_____	EOMI
_____	_____	_____	Fundi
_____	_____	_____	Eyes
_____	_____	_____	Nose
_____	_____	_____	Throat
_____	_____	_____	Thyroid
_____	_____	_____	Lymph Nodes
_____	_____	_____	Bruits

### Heart/Lung

N	ABN	N/A	
_____	_____	_____	Heart
_____	_____	_____	Description
_____	_____	_____	Lungs

### GastroIntestinal

N	ABN	N/A	
_____	_____	_____	Abd
_____	_____	_____	Description
_____	_____	_____	Scars
_____	_____	_____	Description
_____	_____	_____	Bowel Sounds
_____	_____	_____	Bruits

### G U System

**Males**

N	ABN	N/A	
_____	_____	_____	Gen
_____	_____	_____	Hernia

(Rest of exam on request only)

N	ABN	N/A	
_____	_____	_____	Rectal
_____	_____	_____	Guaiac
_____	_____	_____	Prostate

**Females (On request only)**

N	ABN	N/A	
_____	_____	_____	Gen
_____	_____	_____	BUS

### Musculoskeletal

N	ABN	N/A	
_____	_____	_____	Neck
_____	_____	_____	ROM
_____	_____	_____	Scars/Def.

R			L			
N	ABN	N/A	N	ABN	N/A	
Shoulder						
_____	_____	_____	_____	_____	_____	ROM
_____	_____	_____	_____	_____	_____	Crepitus
_____	_____	_____	_____	_____	_____	Gen
_____	_____	_____	_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Elbow
_____	_____	_____	Gen
_____	_____	_____	TE Test
_____	_____	_____	ROM
_____	_____	_____	Tinels (u)
_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Hand/Wrist
_____	_____	_____	Gen
_____	_____	_____	ROM
_____	_____	_____	Tinels (m)
_____	_____	_____	Phalens
_____	_____	_____	Finklestein
_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Back
_____	_____	_____	Gen
_____	_____	_____	ROM
_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Hips
_____	_____	_____	Gen
_____	_____	_____	ROM
_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Knees
_____	_____	_____	Gen
_____	_____	_____	ROM
_____	_____	_____	Scars/Def.
_____	_____	_____	Lig. Testing

N	ABN	N/A	
_____	_____	_____	Ankles
_____	_____	_____	Gen
_____	_____	_____	ROM
_____	_____	_____	Scars/Def.

N	ABN	N/A	
_____	_____	_____	Feet
_____	_____	_____	Gen
_____	_____	_____	Scars/Def.

### Neurological

N	ABN	N/A	
_____	_____	_____	Cranial Nerves
_____	_____	_____	II-XII

R			L			
N	ABN	N/A	N	ABN	N/A	

### Upper Extremities

N	ABN	N/A	
Reflexes			
_____	_____	_____	Biceps
_____	_____	_____	BR
_____	_____	_____	Triceps
Strength			
_____	_____	_____	Shoulders
_____	_____	_____	Elbows
_____	_____	_____	Wrists

### Lower Extremities

N	ABN	N/A	
Reflexes			
_____	_____	_____	Patella
_____	_____	_____	Achilles
Strength			
_____	_____	_____	Hip
_____	_____	_____	Knees
_____	_____	_____	Ankles
_____	_____	_____	Rhomberg
_____	_____	_____	Tandem
_____	_____	_____	Squat

Physician Comment: \_\_\_\_\_